



OPEN SOURCE HEALTH

FOR IMMEDIATE RELEASE:

Open Source Health announces Sasha Ottey, Founder of PCOS Challenge to the Advisory Board

Toronto, Ontario, Canada – September 23, 2015: Open Source Health Inc. (CSE:OSH), (Frankfurt:OOS), a cloud based integrative and personalized healthcare platform that puts control into the hands of women to educate, advocate and collaborate on their own healthcare is pleased to announce that Sasha Ottey, Founder of PCOS Challenge has joined the advisory board of OSH.

“Sasha Ottey is *the* leading patient voice for Polycystic Ovary Syndrome (PCOS) and with over 30,000 women in her global network, she has her finger on the pulse of the PCOS Community,” says Sonya Satveit, “With our patient-centric focus on PCOS, Sasha’s tremendous credentials as a patient advocate and Founder of PCOS Challenge makes her a perfect addition to our board. I couldn’t be more thrilled to get to work with Sasha.”

“OSH is boldly on the cutting edge of discovering novel integrative and personalized treatments for women with PCOS,” states Sasha Ottey, “I am excited to be a part of creating real-world solutions for women who have this complex and misunderstood syndrome.”

The launch of the myAVA platform will focus on Polycystic Ovary Syndrome (PCOS), which is the leading endocrine disorder among reproductive women and the number one cause of infertility. This life-long syndrome affects 7 million women in America and puts women at high risk for diabetes and cardiovascular disease, yet receives less than 0.1% of NIH research funding. By approaching this complex syndrome at the molecular level, we gain the ability to understand and address the underlying issues at the individual patient level while achieving a new understanding of PCOS. As a member of OSH’s Advisory Board Ms. Ottey will provide unique insights on the patient perspective to help us provide a truly patient-centered approach to one of the most troubling and underserved women’s health issues, Polycystic Ovary Syndrome (PCOS).

The Company has issued 25,000 stock option in accordance with the Stock Option Plan

About Sasha Ottey:

Sasha Ottey is Founder and Executive Director of PCOS Challenge, Inc. Sasha started the organization after she was diagnosed with PCOS and experienced great dissatisfaction with the availability of support resources for the condition. Since it’s founding in 2009, PCOS Challenge, Inc. has quickly grown to over 30,000 members worldwide, including it’s online and offline support groups.

PCOS Challenge is innovative in its multimedia approach to support. It produces the [PCOS Challenge television show](#), a health series which follows ten women with Polycystic Ovary Syndrome as they have their lives transformed by naturopathic and allopathic medical experts and coaches. Its website, [PCOSChallenge.com](#) has been called the "Facebook for women with PCOS" by its members, and its popular [PCOS Challenge radio show](#) features internationally recognized PCOS experts, *New York Times* best-selling authors and real life stories from women with PCOS. The organization also provides offline support networks, webinars, and educational products.

Sasha is a Clinical and Research Microbiologist with a Bachelor's degree in Clinical Laboratory Science from Howard University and a Master's in Health Administration from the University of Phoenix.

About Open Source Health Inc.:

Open Source Health takes a truly patient-centered approach and is in the business of providing a real-time integrative healthcare solution for women in an open source architecture. Open Source Health Inc. is leading the digital transformation of integrative and preventative health by leveraging the latest trends in digital health, personalized health, social health and participatory medicine.

For more information, visit www.opensourcehealth.com

ON BEHALF OF THE BOARD OF DIRECTORS

Gary Bartholomew, Executive Chairman

Contact:

For further information, please contact Investor Relations at Open Source Health Inc.

Toll Free: 1.866.403.1933 in North America

International Calling: +01.647.872.9986

<http://www.opensourcehealth.com/contact-new/>

Forward Looking Statements

Certain information set forth in this news release may contain forward-looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of Open Source Health Inc. ("OSH"), including, but not limited to, the impact of general economic conditions, industry conditions and the uncertainty of obtaining additional financing. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. Forward-looking statements contained in this press release are expressly qualified by this cautionary statement.

The forward-looking statements contained in this press release are made as of the date of this press release, and OSH does not undertake any obligation to update publicly or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities law.